

Medical History

(All information will be kept confidential)

Patients Name _____ Birthday _____

Primary Care Physician _____ City _____ Phone _____

List MEDICAL SPECIALISTS you have seen:

1. Physician's Name _____ Specialty _____

2. Physician's Name _____ Specialty _____

Describe your health:

Excellent (better than most people my age)

Good (I am not aware of any medical problem)

Fair (I have some health problems but they're under control)

Guarded (I have some current health problems)

Poor (I have some major health problems)

When was the last time you saw your physician? _____ (Year) What was the purpose? _____

Have you ever been hospitalized or had a serious illness? No Yes Describe: _____

HABITS

N/A

Cigarettes

Smoked but quit. When? _____

Currently smoking. Amount? _____ Start Date: _____

Vape

Cigars

Pipe

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WOMEN

Are you pregnant? No__ Yes__, estimated due date _____

Are you nursing? No__ Yes__

Are you taking oral contraceptives? No__ Yes__

Are you undergoing hormone replacement therapy? No__ Yes__

MEDICATIONS

Are you under treatment for Osteoporosis and taking a class of medications called Biphosphonates? No__ Yes__

Some common names include: Actonel Boniva Fosamax Fosamax Plus D Other

Are you taking any blood thinner? No__ Yes__

Some common names include: Plavix Ticlid Lovanox Coumadin/Warfarin Other

ALLERGIES

Are you allergic to any of the following?

Latex / Penicillin / Sulfa / Metals / Vicodin / Percocet / Codeine / Local Anesthetic / Aspirin

NSAIDs like Motrin / Other antibiotics: _____

Name the specific medication and describe your reaction: _____

List any surgeries or major health events		Medications INCLUDING over-the-counter medications and herbal supplements		
Year	Event	Name of Medicine	Dosage	Purpose: Why are you taking it?

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HEART / VASCULAR

- Heart Attack (MI)
- Congenital heart defect
- Rheumatic Fever
- Irregular heartbeat (missed beats)
- Heart murmur
- High blood pressure
- Low blood pressure
- Angina / Chest Pain
- Mitral Valve Prolapse
- Artificial heart valve(s)
- Pacemaker
- By-pass surgery
- Stent replacement
- Congestive heart failure
- Swelling of ankles
- Shortness of breath

BLOOD

- Anemia
- Sickle cell disease
- Hemophilia
- Bruise very easily
- Prolonged bleeding
- HIV / AIDS

RESPIRATORY

- Tuberculosis
- Emphysema
- Asthma
- Persistent Cough
- Coughing up blood / sputum
- Difficulty breathing while lying down
- Winded going up a flight of stairs

- Lung cancer
- Other lung disease

BONE

- Arthritis / Rheumatism
- Osteoporosis
- Gout
- Artificial joints or limbs

URINARY

- Kidney disease
- Renal dialysis
- Frequent urination
- Burning with urination
- Blood or discharge in urine
- Venereal disease
- Genital herpes

NERVOUS SYSTEM

- Stroke (CVA) or TIA
- Severe headaches / Migraine
- Fainting or dizzy spells
- Convulsions or Epilepsy
- Numbness or tingling

ENDOCRINE

- Diabetes:
Type 1 / Type 2
- Excessive thirst
- Thyroid disease
- Hypoglycemia

MENTAL HEALTH

- Depression
- Anxiety
- Panic attacks
- Psychiatric treatment
- Bipolar (manic-depressive)
- Addictive disorders
- Type: _____
- Other: _____

HEAD / NECK / EYES

- Glaucoma
- Macular Degeneration
- Loss of hearing
- Tonsillitis
- Sinus problems

DIGESTIVE SYSTEM

- Hepatitis, Type ____
- Gastric reflux
- Ulcers
- Frequent diarrhea
- Crohn's disease or colitis

CANCER

- Tumor
Type: _____
- Radiation treatment
- Chemotherapy
- Organ removal
Organ: _____
- Date: _____
- Organ transplant
Organ: _____
- Date: _____

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To the best of my knowledge, all of the above information is correct.

Signature: _____ Date: _____

Doctor Notes: